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# **Christmas Newsletter 2024**

### Your Health This Festive Season

As we embrace the festive spirit, we want to wish all our patients a joyful and healthy Christmas. At SurreyGP, we're here to support you throughout the Christmas period. Please take note of our adjusted opening times over Christmas and New Year to ensure you can access care when you need it.

# **December Highlights: Stay Flu-Free This Festive Season**

Flu is particularly prevalent at the moment, and it's the last thing you want ruining your Christmas celebrations. If you haven't had your flu jab yet, it's not too late—book your appointment today to protect yourself and your loved ones. Let's ensure the festive period is filled with laughter and joy, not coughs and colds.

Book your Flu Jab now

### **Comprehensive Services Available Daily**

We are committed to providing same-day appointments to address your health needs promptly. Whether it's cryotherapy, blood tests, vaccines, health check-ups, or investigations, our team is ready to assist you. Your health is our priority, and we strive to offer efficient, high-quality care every day.

#### **Travel Plans for the New Year?**

As you begin thinking about your travels in the new year, don't forget to consider your travel vaccinations. From essential immunisations to comprehensive travel health advice, we're here to help you prepare for a safe and enjoyable holiday.

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### New Year 2025, New Healthier you

The end of the year is a great time to reflect and plan for a healthier future. Start 2025 strong with a comprehensive medical wellness check, including "well man" or "well woman" blood tests. Get ahead by booking online now. Book your Health Check Online

Wishing you a merry and healthy Christmas from all of us at SurreyGP - Richard, Louise, Livy, and our doctors Louise, Fiona O, Fiona C, Rachael and Sanjay.



### Dr. Louise Bye says:

"While Dr. Skilbeck is on extended sick leave, I am delighted to join the management team as Acting Medical Director. I'm excited to bring innovative ideas and make a positive impact and I hope to continue to be a great source of care and support to our team and patients."

CALL NOW 01483 230481

## **Christmas Time Repeat Prescriptions**

Order your repeat prescription by 17 December to guarantee your medication is ready before the holidays. Use our quick online system to ensure you're covered this festive season.

**ORDER REPEAT PRESCRIPTION** 

## **Seasonal Affective Disorder (SAD)**

Feeling low as the days get shorter? You might be experiencing Seasonal

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treatments and lifestyle advice. Don't suffer in silence—book an appointment today!

CALL NOW 01483 230481



### **Christmas Opening Times**

Please plan ahead for our holiday schedule:

### Office Open

- Monday 23 December: 8:30 am 5:30 pm (Clinic available: 1:00 pm -4:00 pm)
- Tuesday 24 December: 8:30 am 1:00 pm (No Clinic)

### Office Closed

• From Tuesday 24 December, 1:00 pm to Thursday 2 January, 8:30 am

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### Read our Satistied Customer Reviews on exomi

"Very helpful emergency treatment"

"Appointment on time and efficiently managed"

"I am most grateful to Dr. Bye for arranging the tests and for the consultation last Wednesday"

"Easy to arrange an appointment and flu jab. Quick and efficient service and pleasant people to deal with. Good experience from a valuable back-up to my hard-pressed NHS GP practice"

#### Read more eKomi Reviews

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