

## **Flu FAQ's**

### **How old do you have to be to receive the vaccine?**

Anyone from 6 months old can receive the flu vaccine.

### **Where is the vaccine given?**

It is given by injection. From the age of 1 year it is given usually in the arm - in children aged less than 1 year it's normally the thigh.

### **Who administers the vaccine?**

One of our SurreyGP Doctors.

### **Are there any side effects?**

The flu vaccine is a well-tolerated vaccine. Some people experience a mildly sore arm or fever within a couple of days. THIS IS NOT THE FLU!

### **What happens if I have a reaction?**

SurreyGP have emergency equipment to deal with rare serious reactions. You can telephone for advice if you have any concerns following your vaccination.

### **How often is the vaccine given?**

The flu virus changes every year so a new vaccine is produced annually.

### **What time of year are the vaccines given?**

Flu vaccination commences around mid-September. Peak flu season is around Christmas time.

### **How many vaccines do you need?**

Children from 6 months to 17 years of age: one dose of 0.5 mL. For children less than 9 years of age who have not previously been vaccinated, a second dose of 0.5 mL should be given after an interval of at least 4 weeks. In subsequent years only one is required. Most children and all adults only need one vaccine.

### **Is this the Swine Flu vaccine?**

The Winter Flu Vaccine contains protection against Swine Flu.

### **Is this a COVID19 vaccine?**

No.

### **Do I need to leave a specific interval between my flu vaccine and covid vaccine?**

No, these vaccines can be administered at any interval.

### **How long does the vaccine take to work?**

2 to 3 weeks after vaccination.

### **Which vaccine are you using this year?**

This year we are using the three strain SEQIRUS cell based Trivalent Influenza Vaccine suitable for everybody over the age of 6 months. Over 50's are advised to receive SEQIRUS adjuvanted Trivalent Influenza Vaccine. Both manufactured by Seqirus.

**Which strains of Flu are covered in the vaccine this year?**

The vaccine for under 50s contains protection against the following three strains:

A/Missouri/11/2025 (H1N1)pdm09-like strain

A/Darwin/1415/2025 (H3N2)-like strain

B/Pennsylvania/14/2025-like strain

The vaccine for over 50s contains protection against the following three strains:

A/Missouri/11/2025 (H1N1)pdm09-like strain

A/Darwin/1454/2025 (H3N2)-like strain

B/Tokyo/EIS13-175/2025-like strain

**Does the vaccine contain mercury?**

No.

**I have a very technical question – is there a link to fuller product information?**

Yes, follow this link here to the [\*emc\*](#) website – it should take you directly to the SEQIRUS Trivalent Influenza Vaccine pages.

SEQIRUS cell based Trivalent Influenza Vaccine: [Cell-based Trivalent Influenza Vaccine \(Surface Antigen, Inactivated\) Seqirus suspension for injection in pre-filled syringe - Summary of Product Characteristics \(SmPC\) - \(emc\) | 15818](#)

SEQIRUS adjuvanted Trivalent Influenza Vaccine: [Adjuvanted Trivalent Influenza Vaccine \(Surface Antigen, Inactivated\) Seqirus suspension for injection in pre-filled syringe - Summary of Product Characteristics \(SmPC\) - \(emc\) | 10444](#)

**Is there a Patient Information Leaflet available?**

Yes, follow this link here.

Cell based Trivalent Influenza Vaccine: [Cell-based Trivalent Influenza Vaccine \(Surface Antigen, Inactivated\) Seqirus suspension for injection in pre-filled syringe - Patient Information Leaflet \(PIL\) - \(emc\) | 15818](#)

Adjuvanted Trivalent influenza vaccine: [Adjuvanted Trivalent Influenza Vaccine \(Surface Antigen, Inactivated\) Seqirus suspension for injection in pre-filled syringe - Patient Information Leaflet \(PIL\) - \(emc\) | 10444](#)

**I am pregnant, can I have the jab?**

Yes, you should – it is recommended for pregnant ladies.

**I am breastfeeding, can I have the jab?**

Yes.

**Can I drive after receiving the vaccination?**

Yes.

**I am having other vaccinations today; can I still receive the flu vaccination?**

Yes – it is perfectly safe to receive at the same time as other jabs.

**How do you store your vaccines?**

SurreyGP follows laid down vaccine storage guidelines for all of our vaccinations. This includes the use of three on-site pharmaceutical refrigeration units which are monitored daily to ensure that our vaccines are kept between +2 to +8 degrees centigrade. Our products also arrive to us via a documented cold chain supply.